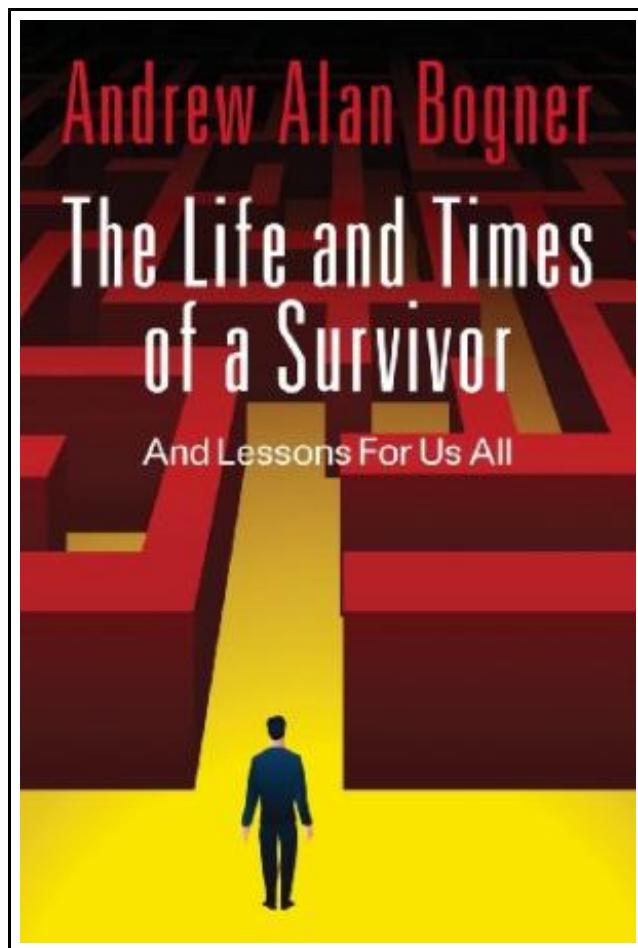


## The Life and Times of a Survivor: And Lessons for Us All



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## THE LIFE AND TIMES OF A SURVIVOR: AND LESSONS FOR US ALL

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Outskirts Press. Paperback. Condition: New. 104 pages. What you can learn from this book is powerful and can transform your life for the better. As far as I can tell, nobody on this planet lives their life without encountering adversity of some type and at some time. If that statement somehow doesn't apply to you, then I'd like to read YOUR book. But, assuming you are facing, or expect to face adversity, dealing with it can open you up to many pathways, forcing you to make choices. My contention is that the more you're prepared to handle adversity, the better you're likely to do. So, I've provided a series of tools that worked for me and will provide you with more ways to deal with adversity. There are tools we can use to deal with specific types of adversity. Automobile insurance protects your car if stolen, vaccines prevent various illnesses and auxiliary sluices prevent a dam from bursting or overflowing. These are all wonderful things, but do you notice one common trait? They all protect against a KNOWN peril. Which is to say we have no way to know if something unplanned is getting ready to strike. Worse yet, we don't know when to be vigilant. How can we possibly prepare to deal with our best friend losing his parents after being accidentally shot during a bank robbery? I'm a simple guy and have no way to predict the future, so there has to be another way to prepare for adversity. Why is this important? Well, if we get overwhelmed by a problem, not only may it not get solved, but I might drive myself deeper into a rut dealing with it. An example would be having social drinking become more of an issue while trying to deal with your friends' parents...

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