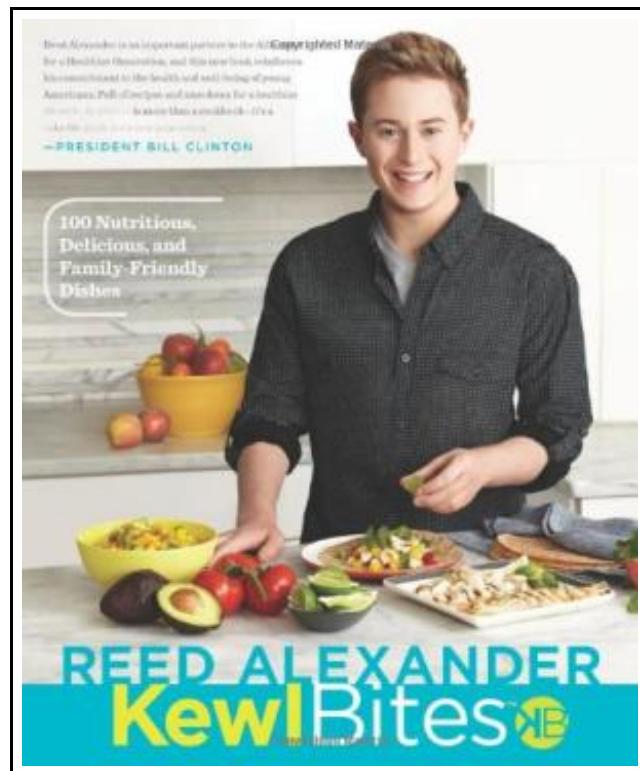


## KewlBites: 100 Nutritious, Delicious, and Family-Friendly Dishes



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